

TRANSITION PHASE (first 21 days)

TTRS:

Participate in developing TTRS service plan

Get settled into the TTRS house (rules, chores, etc.)

Attends all required meetings

Follow all house rules

Begin working with Certified Recovery Mentors

Begin working toward obtaining a sponsor/mentor (seeks help from service providers)

Document past due bills, for planning around future housing arrangements

Begin working toward setting up primary care doctor and dentist for self and child(ren)

Manage medications

Begin budgeting

Utilize a calendar

Arrange child care

Attend community support meetings (NA/AA/church)

Make appropriate and timely transportation arrangements

Sign up for housing

A&D Treatment:

Attend all groups and 1:1 sessions as scheduled

Provide clean and testable UAs

Consider a mental health assessment

DHS:

Maintain good communication with DHS caseworker

Consistently attend visits with child(ren)

Participate in developing the child(ren)'s transition plan

Assist with developing the in-home ongoing safety plan

Follow DHS safety plan

Engage in services referred by DHS, such as ISRS

SSP:

Meet with SSP worker to establish benefits

Submit OHP change report

PHASE 1

TTRS:

Participate in activities documented in the TTRS service plan

Engage in all house activities and chores

Follow all house rules

Continue working with CRMs, having at least 2 meaningful contacts each week

Have sponsor/mentor and actively work the steps

Make payments to past due bills, for planning around future housing arrangements

Primary care doctors and dentists for self and children are established

Schedule doctor and dentist appointments for self and children, for checkup/physical

Attend community support meetings (NA/AA/church)

Continue to manage medications appropriately

Continue to budget and pay rent on time

Utilize a calendar

Arrange child care and maintain contact with child care provider, keeping them in the loop regarding schedule changes

Work toward establishing a healthy routine/schedule for the child(ren)

Make efforts around preparing healthy meals for self and child(ren)

Make all appointments with service providers and treatment providers

Work toward obtaining social security cards and birth certificate for self and children

Actively participate in parent training and/or nutrition class

Work with parent coach and practice skills learned from the parent coach

Participate in all TTRS required services, deemed reasonable by the TTRS team

Engage in support services outside TTRS

Sign up for housing

Sign up for or attend Ready-to-Rent (if available)

Treatment:

Actively engage in treatment and 1:1 sessions

Provide clean and testable UAs

Consider a mental health assessment

Attend mental health appointments (if applicable)

DHS:

Maintain good communication with DHS caseworker

Consistently attend visits with child(ren)

Participate in developing the child(ren)'s transition plan

Assist with developing the in-home ongoing safety plan

Follow DHS safety plan

Engage in services referred by DHS, such as ISRS

SSP:

Maintain good communication with SSP worker

Meet with SSP worker to discuss JOBS activities/TANF

Document schedule to reflect service activity hours